



ST. XAVIER'S COLLEGE , SIMDEGA

(AFFILIATED TO RANCHI UNIVERSITY , RANCHI)



Report on World No Tobacco Day Awareness Rally

Date: 31/05/2026

TIME: 9:00 AM – 10:00 AM

Venue : Veer budhu bhagat chowk , Simdega

The objectives of World No Tobacco Day are:

- To create awareness about the harmful effects of tobacco on health.
- To encourage people to quit smoking and using tobacco products.
- To protect youth from starting tobacco use.
- To promote healthy lifestyles and reduce diseases like Cancer, Heart disease, lung cancer.
- To spread knowledge about the social, economic, and environmental dangers of tobacco.
- To support government policies for tobacco control and public health.

Result :-

- Reduction in tobacco use – More people try to quit smoking and chewing tobacco.
- Increased public awareness – People understand the dangers of tobacco.
- Better health – It helps prevent diseases like Lung cancer, heart disease, and breathing problems.
- Protection of youth – Young people become aware and avoid tobacco addiction.
- Stronger anti-tobacco campaigns – Governments and organizations promote stricter rules.
- Cleaner environment – Less tobacco use means less cigarette waste and pollution

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On the occasion of World No Tobacco Day, an awareness rally was organised by NCC Coy No. 5/46, St. Xavier's College, Simdega, under the aegis of the Internal Quality Assurance Cell (IQAC).

The rally commenced from Veer Budhu Bhagat Chowk and proceeded through the main roads of Simdega. Around 21 NCC cadets actively participated in the rally, spreading awareness among the public about the harmful effects of tobacco. The cadets raised slogans such as "Say No to Tobacco, Say Yes to Life" and "Choose Health, Not Tobacco", encouraging people to adopt a healthy and tobacco-free lifestyle.

The programme was conducted under the guidance of NCC ANO Roshan Kishor Gidh. Cadets Anup Dungdung, Neelam Kumari, Shriti Kerketta, Harsh Tigga, Ashish Baxla, Natasha Nayak, and Kuldeep played an active role in making the rally successful.

At the conclusion of the rally, all the participants took a pledge to stay away from tobacco and to promote awareness about its harmful effects in society. The programme successfully conveyed the importance of leading a healthy, tobacco-free life and inspired the public to make positive lifestyle choices.

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Message of a Tobacco-Free Society Spread through awareness rally on World No Tobacco Day



RAVIKANT MISHRA

SIMDEGA : On the occasion of World No Tobacco Day, a public awareness rally was organized under the auspices of the IQAC of St. Xavier's College, Simdega, in collaboration with the National Service Scheme (NSS) and the National Cadet Corps (NCC). The objective of the program was to raise awareness among youth and the general public about the harmful effects of tobacco consumption and to promote a healthy, tobacco-free lifestyle.

The program was conducted under the guidance of IQAC Coordinator Prof. Renee Alma Lakra. During the event, NCC ANO Prof. Roshan Gidh, NSS Programme Officer Dr. Nisha Rani Dhanwar,

and Prof. Justin Soreng informed participants about the serious health hazards caused by tobacco use, particularly cancer, heart disease, and respiratory illnesses.

As part of the campaign, NCC cadets and NSS volunteers conducted a rally along the main road of Simdega, spreading awareness about the importance of a tobacco-free society. Through slogans and public interaction, they encouraged people to avoid tobacco products and adopt healthier lifestyles.

At the conclusion of the program, all participants pledged to stay away from tobacco and to spread awareness about its harmful effects in society.

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Expenditure Statement of World No Tobacco Day



S.n.	items	amount
1	Flex printing	300 rs
2	Samosa + fruity	420 rs
Total amount = 720 Rs		

- ❖ There is no approved budget because WORLD NO TABACCO DAY is planned by the DG NCC headquarter.

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