

SXCS/P-41

National Service Scheme Programme Policies

National Service Scheme (NSS) activities in **St. Xavier's College, Simdega** involve regular campus/community work (like cleaning, tree planting, awareness rallies) and Special Camps in adopted villages focusing on themes like health, sanitation, skill-building, and rural development, aiming for holistic student growth and community upliftment through activities like blood donation, tech training, environmental drives, and cultural events.

Key Objectives

1. **Understand Community:** Learn about the community and their problems.
2. **Self-Understanding:** Understand oneself in relation to the community.
3. **Problem Solving:** Use knowledge to find practical solutions for community issues.
4. **Social Responsibility:** Develop a sense of civic and social duty.
5. **Group Living:** Gain skills for collective responsibility and group living.
6. **Leadership:** Acquire democratic values and leadership qualities.
7. **Emergency Preparedness:** Build capacity to handle natural disasters and emergencies.
8. **National Integration:** Promote harmony and unity across the nation.

Need for Village Adoption

For Students:

- **Social Consciousness:** Helps understand community needs, problems, and self-in-relation-to-community.
- **Leadership & Values:** Develops democratic values, leadership, empathy, and a sense of civic duty.

- **Practical Skills:** Provides work experience, problem-solving skills, and competence in group living.
- **Emergency Preparedness:** Builds capacity to handle emergencies and natural disasters.

For Community/ Nation:

1. **Community Service:** Volunteers provide direct help in improving living standards, sanitation, and resource utilization.
2. **Disaster Relief:** Assists in rescue, relief, and rehabilitation during calamities.
3. **Nation-Building Initiatives:** Supports government campaigns like Swachh Bharat, Digital India, and Skill India.
4. **Social Harmony:** Promotes national integration and cultural understanding.

Common Activities

Community & Social Development:

- **Awareness Rallies:** Street plays, skits, and campaigns on issues like COVID-19, women's rights, digital literacy, and government schemes (Swachh Bharat, Beti Bachao Beti Padhao).
- **Health & Welfare:** Blood donation drives, medical/veterinary camps, eye camps, food distribution, and visits to orphanages/old age homes.
- **Skill Development:** Training for rural youth & Self-Help Groups (SHGs) in areas like sewing, embroidery, and technology.
- **Disaster Relief:** Providing aid and awareness during crises like pandemics.

2. Environmental Initiatives:

- **Cleanliness Drives:** Campus, hostel, and playground cleaning (Swachhata Abhiyaan).
- **Tree Plantation:** Mass planting drives and campus beautification projects.
- **Water Conservation:** Awareness on rainwater harvesting.
- **Renewable Energy:** Promoting awareness and use of non-conventional energy.

3. Campus & Institutional Development:

- Developing playgrounds, laying gardens, and general campus upkeep.

- Organizing lectures, seminars, and competitions.
- Celebrating national days and organizing cultural programs.

4. Special Camping Programs (7-Day Camps):

- Intensive community work in adopted villages/slums.
- Focus on integrated development: sanitation, health, education, and income generation.

5. National & Adventure Programs:

- National Integration Camps (NICs) to foster unity.
- Adventure camps, trekking, and leadership training.