

## Greater Attention to Sports

### 1. Title of the Best Practice

Greater Attention to Sports

### 2. The Context

We, at SXCS, believe that Sports is an integral part of holistic education. Sports education develops the overall personality of the students.

### 3. Objectives of the Practice

Objectives of this practice are:

- Talent search at micro level and appropriate training
- Monitoring at regular intervals to enhance performance towards excellence.
- To ensure excellent Sports Infrastructure Development & Maintenance is carried out by the institution
- To encourage the students to take up sports related careers.

### 4. The Practice

Admissions to the sports quota includes a sports-talent search at micro level and appropriate training which is provided by the college throughout the academic year. There also exists a continuous monitoring system which enhances performance and contributes towards excellence in respective sporting event.

### 5. Advantages

- Preference to students with excellent sports record during admission.
- Specialized coaches for specific training to sports students.
- Opportunity to participate in University/State or National teams.

- Enhancement in the confidence levels and communication skills among these students.
- Providing food and beverages for the sports students during practice keeping their dietary requirements in consideration.

## **6. Challenges**

- Availability of infrastructure and space on the college premises for practice of various sports activities.
- Access to quality sports equipment that the students can utilize to practice the sport.

## **7. Evidences of Success**

- SXCS conducts many sporting tournaments around the year including its own sports fest.
- The rising number of students who qualify for various State and National team from college indicates a steady rise over the previous years.
- There has also been an increase in the number of students who have taken up sports related careers.

## **8. Resources Required**

- Access to quality sports equipment
- Special scholarships are provided to deserving sports students
- Adequate space for various sports